# **USER MANUAL**

# The Vest<sub>®</sub> Airway Clearance System, Model 205

From Hill-Rom



**Product No. P205** 

140643 REV 6





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Sixth Edition

First Printing 2006

Printed in the USA

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#### NOTE:

The back cover is a comprehensive list of Technical Support contact information for Hill-Rom. The product discussed in this manual may not be available in all of the countries listed.

Revision	Pages Affected	Date
Original Issue		July 2006
2	All	September 2007
3	All	January 2008
4	All	April 2008
5	All	September 2008
6	All	February 2010

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## **Document Symbols**

This manual contains different typefaces and symbols to make the content easier to read and understand:

- Standard text—used for regular data.
- Boldface text—emphasizes a word or phrase.
- NOTE:—sets apart special data or important instruction clarification.
- WARNING or CAUTION



- A WARNING identifies situations or actions that may have an effect on patient or user safety. To ignore a warning could cause patient or user injury.
- A CAUTION identifies special procedures or precautions that persons must obey to help prevent equipment damage.
- CAUGHT HAZARD WARNING



CHEMICAL HAZARD WARNING



ELECTRICAL SHOCK HAZARD WARNING



#### NOTE:

These document symbols may or may not be used in this manual.

## **Precautions**

- Federal USA law restricts this device to sale by or on the order of a physician.
- Unplug this system immediately after you use it.
- Do not use the system near flammable chemicals or products, including flammable anaesthetics. To do so could cause personal injury or equipment damage.
- Use close supervision when this system is used by or near children or patients with physical limitations.
- Use this system only for its intended use. Use only those attachments that are specified by the manufacturer.
- Patients that may have difficulty clearing secretions from the upper airway (such as those with DMD or other advanced neuromuscular or neurological disorders) may require specialized therapy regiments involving manually or mechanically assisted coughing or other techniques in conjunction with The Vest<sub>®</sub> Airway Clearance System, Model 205 therapy. Please consult your physician to determine if additional therapy is appropriate.
- To help prevent cross-contamination, replace the single-patient use, disposable garment between patients.
- Only authorized persons should service the unit.
- If service is necessary, call Hill-Rom Technical Support. For contact information, refer to the back cover. For countries not listed on the back cover, contact your distributor.
- Do **not** operate the Air Pulse Generator without the disposable garment and Air Hoses attached. Equipment damage could occur.
- If it is difficult to connect the Air Hoses to the Air Pulse Generator or disposable garment, do **not** use lubricant. Equipment damage could occur.
- If it is difficult to connect the Remote Control to the Air Pulse Generator, do **not** use lubricant. Equipment damage could occur.
- Do not use harsh cleansers, solvents, or detergents.
- Frequent exposure to Matar® germicidal detergent may discolor the Air Pulse Generator.

- When you use Dispatch® disinfectant or CSI disinfectant spray, make sure you wipe the unit dry. Failure to do so could result in the build-up of residue or equipment damage.
- Do not eat or drink during a therapy session. To do so could cause a choking hazard.
- Do not leave the garment on a patient for extended periods of time without a cloth barrier between the patient and the garment.

## **KEEP THESE INSTRUCTIONS**

## Intended Use

The  $Vest_{\textcircled{i}}$  Airway Clearance System, Model 205 was developed to provide effective Airway Clearance Therapy. The system consists of a disposable garment attached to an Air Pulse Generator that rapidly inflates and deflates the disposable garment. This causes the chest wall to be gently compressed and released, which creates airflow within the lungs. This process moves mucus toward the large airways where it can be cleared by coughing or suctioning. This type of Airway Clearance Therapy is referred to as High Frequency Chest Wall Oscillation (HFCWO).

## Introduction

This manual includes instructions for setup, use, and maintenance of The Vest<sub>®</sub> Airway Clearance System, Model 205. It is to be used as a reference guide. Please review all sections carefully before you use the system.

The Vest<sub>®</sub> Airway Clearance System, Model 205 is intended for use as prescribed by a physician.

## **Contraindications**

## **A** WARNING:

If patient conditions exist that cause the use of The  $Vest_{\it lea}$  Airway Clearance System, Model 205 to present a risk to the patient, **do not use the unit except as directed by a physician**. Death or serious injury could occur.

The Vest<sub>®</sub> Airway Clearance System, Model 205 is **contraindicated** if these conditions are present:

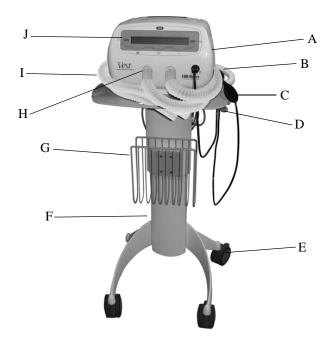
- · Head and/or neck injury that has not yet been stabilized
- Active hemorrhage with hemodynamic instability

## **Relative Contraindications**

If the patient has one or more of the conditions below, carefully consider and assess the patient's case before you decide to use The  $Vest_{@}$  Airway Clearance System, Model 205.

- Intracranial pressure (ICP) >20 mm Hg, or patients in whom increased intracranial pressure is to be avoided
- Uncontrolled hypertension
- Hemodynamic instability
- Pulmonary edema associated with congestive heart failure
- Bronchopleural fistula
- · Subcutaneous emphysema
- Large pleural effusions or empyema
- Recent esophageal surgery
- · Active or recent gross hemoptysis
- Pulmonary embolism
- Uncontrolled airway at risk for aspiration such as tube feeding or recent meal
- · Distended abdomen
- Bronchospasm
- Suspected pulmonary tuberculosis
- Recently placed transvenous pacemaker or subcutaneous pacemaker
- Recent epidural spinal infusion or spinal anesthesia
- Recent spinal surgery or acute spinal injury
- · Rib fractures, with or without flail chest
- Surgical wound, healing tissue, recent skin grafts, or flaps on thorax
- Burns, open wounds, and skin infections on the thorax
- · Lung contusion
- · Osteomyelitis of the ribs
- Osteoporosis
- Coagulopathy
- Complaint of chest wall pain

## **Features**



A	Air Pulse Generator	F	Stand
В	Push Bar	G	Storage Basket
С	Remote Control	Н	Air Hose Connector Ports
D	Height Adjustment Release Lever	I	Air Hoses
Е	Four Locking Casters	J	Control Panel

## **Air Pulse Generator**

When correctly connected, the Air Pulse Generator controls the disposable garment and supplies pulsations to the chest wall.

## **Push Bar**

Permits the unit to be moved around a room or from room to room.

## **Remote Control**

Can be used instead of the **ON/OFF** button to pause or resume the Air Pulse Generator.

## **Height Adjustment Release Lever**

Used to raise or lower the Air Pulse Generator to a comfortable working height.

## **Locking Casters**

Keeps the stand and Air Pulse Generator from unintentionally moving.

#### Stand

Holds the Air Pulse Generator.

## Storage Basket

Can be used to store disposable garments.

## **Air Hose Connector Ports**

Air Hoses connect to the Air Hose Connector Ports on the front of the Air Pulse Generator.

## **Air Hoses**

Connect the disposable garment to the Air Pulse Generator.

## **Control Panel**

Shows the modes, system settings, and system messages.

## **Assembly**

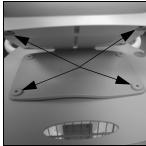
- Align the two posts on the rubber mat with the holes in the top of the stand.
- 2. Align the holes on the bottom of the Air Pulse Generator with the posts on the rubber mat.

## NOTE:

The screen on the Air Pulse Generator faces the side of the stand that the basket is on.

- 3. Install the four screws to attach the Air Pulse Generator to the stand.
- Tighten, but not overtighten, the four screws with the supplied wrench.







## Instructions for Use

## Put on the Disposable, Single-Patient Use (SPU) Vests

#### NOTE:

It is recommended that a single layer of cotton clothing be worn beneath the disposable garment.

## **Wrap SPU Vest**

- 1. Turn the patient towards you.
- 2. With the Wrap SPU Vest deflated, begin to lay it flat on the bed so it is perpendicular with the patient's torso.
- 3. Roll the patient away from you and on the open portion of the Wrap SPU Vest.
- Put the Wrap SPU Vest in position just beneath the patient's underarms, and continue to pull the Wrap SPU Vest around the patient's torso.
- 5. Roll the patient to a supine position.
- 6. Pull both ends of the Wrap SPU Vest around the patient's chest, and use the Velcro® fasteners to temporarily attach both ends to each other.

Have the patient inhale deeply, and then attach the ends of the Wrap SPU Vest so it fits close to the body, but is not uncomfortable.







#### **Full SPU Vest**

#### NOTE:

It is recommended that a single layer of cotton clothing be worn beneath the disposable garment.

- Separate the front flaps of the Full SPU Vest at the Velcro® fasteners.
- 2. Turn the Full SPU Vest so the front flaps will meet in front of the patient. Then put the patient's arms through the arm openings in the Full SPU Vest.
- 3. With the Full SPU Vest deflated, use the Velcro® fasteners to attach the front flaps of the Full SPU Vest to each other.
- Make sure there is approximately 3" to 4"
   (8 cm to 10 cm) between the bottom edge of the front of the Full SPU Vest and the patient.

Adjust the Velcro® fasteners at the shoulder straps so the bottom edge of the Full SPU Vest is level with the top of the patient's hip bone.



## **Connect the Air Hoses**

1. Slide one end of each Air Hose into each Air Hose Connector Port on the front of the Air Pulse Generator. Use a slight twist motion as you push the Air Hose to help keep it in position.



2. Connect the Air Hoses to the disposable garment:

## For a **Wrap SPU Vest**, do as follows:

Remove the tear label from the disposable garment.



 b. Slide the other end of each Air Hose into the disposable garment Air Hose slits at least 2" (5 cm).



 Use the Velcro® loops on the side of the disposable garment to hold the Air Hoses in position.



For a **Full SPU Vest**, slide the other end of each Air Hose over the disposable garment Air Hose Ports. To help keep the Air Hoses in position, slightly twist the Air Hoses as you push them over the Full SPU Vest Air Hose Ports.



## Set Up the Air Pulse Generator

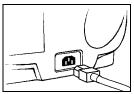
 Install the Remote Control into the Air Pulse Generator.

#### NOTE:

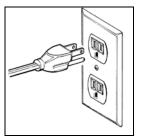
Use of the Remote Control is optional.



Plug the Power Cord into the power inlet on the back of the Air Pulse Generator.

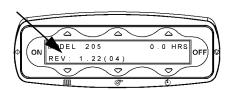


3. Plug the Power Cord into a grounded, three-pronged outlet.



## **Software Version**

The software version is displayed on the opening screen when the unit is connected to AC power.



To use the **1.20** 

software, go to "Use The Vest® Airway Clearance System, software version 1.20" on page 13.

To use the **1.22** software, go to "Use The Vest® Airway Clearance System, software version 1.22" on page 30.

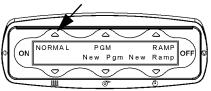
## Use The Vest<sub>®</sub> Airway Clearance System, software version 1.20

Make sure the unit is set up correctly. Once power is connected, the unit will show a blank screen for up to 15 seconds. Then it will show the model number and the total therapy hours for the unit. This screen will show for 10 seconds or until you press the **ON** button.

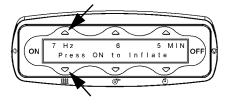
#### NOTE:

To show the total therapy hours, press the **OFF** button when the unit is on the main menu.

Press the **Up** arrow above NORMAL for the standard mode. The screen will show the previously programmed Frequency, Pressure, and treatment Time settings (or the default settings, depending on how it was programmed).



- Confirm the settings on the screen. If the settings match the prescribed treatment, continue to step 3. Otherwise, adjust the settings to match the prescription.
  - To adjust the a. Frequency setting, press the left Up or Down arrow buttons until the prescribed treatment shows



- on the screen. The Frequency or Hertz (Hz) may be set between 5 and 20 cycles per second.
- b. To adjust the Pressure setting, press the middle **Up** or **Down** arrow buttons until the prescribed treatment Pressure shows on the screen. The Pressure may be set between 1 and 10.
- To adjust the treatment Time, press the right **Up** or **Down** c. arrow buttons until the prescribed treatment Time shows on the screen. The treatment Time may be set between 1 and 60 minutes.

#### NOTE:

It is not necessary to stop the treatment to adjust the settings.

#### NOTE:

If the backlight turns itself **OFF**, press any button to turn it back **ON**.

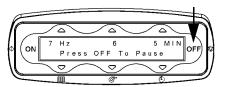
3. Press the **ON** button. The disposable garment will inflate.

#### NOTE:

If the unit is left in this mode for 10 minutes, it will turn off.



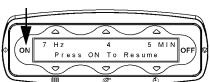
- 4. Press the **ON** button again to begin the treatment. The set treatment Time shows as it counts down to zero.
- If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF**button or Remote
    Control once.
    The unit will stop
    the pulsations,
    but the settings
    will continue to
    show on the
    screen.



#### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the ON button or the Remote Control again.



6. If it is necessary to end the treatment session before it is complete, press the **OFF** button.

#### NOTE:

Pressing the **OFF** button does not turn off the screen.

7. When the **OFF** button is pressed, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press **ON** to continue to the main screen.



- 8. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.

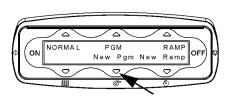


- d. Immediately unplug the system from its power source.
- e. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- f. Remove the disposable garment from the patient.

## **Setting and Using a New Program Mode**

New Program Mode allows the caregiver to program up to eight (8) points with various settings within a single therapy session.

1. Press the **Down** arrow below **New Pgm** to create a new program. The screen will show the Frequency, Pressure, and treatment Time



settings for the first Programming Point.

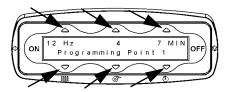
#### NOTE:

All the settings can be adjusted.

#### NOTE:

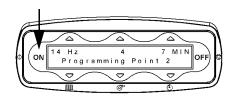
You can program up to 8 different Programming Points, each with its own combination of Frequency, Pressure and treatment Time.

2. For Programming
Point 1, if the settings
match the prescribed
treatment, continue to
step 3. Otherwise,
adjust the settings to
match the prescription



by pressing the **Up** and **Down** arrows associated with Frequency, Pressure and treatment Time.

3. Once you have Programming Point 1, proceed to Programming Point 2 by pressing the **ON** button (to move to a previous



Programming Point,

press the **OFF** button). Adjust the settings to match the prescription and repeat for all 8 Programming Points.

4. If the prescription does not call for all 8 Programming Points, after Programming Point 2, set the Time to 0 MIN for the following segments, press the **ON** button to advance through the remaining Programming Points.

#### NOTE:

Once you change the Programming Point Time to 0 MIN and press the **ON** button, it will take you to the start of the program to begin therapy.

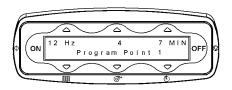
5. Press the **ON** button. The disposable garment will inflate.



- 6. Press the **ON** button again to begin the treatment program.
  - The set treatment

Time shows as it counts down to zero for each Programming Point.

 Therapy will automatically end after it has gone through each Programming Point.



- 8. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF** button or Remote Control once. The unit will stop the pulsations, but the settings will continue to show on the screen.

#### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



9. If it is necessary to end the treatment session before it is complete, press the **OFF** button.

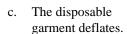
## NOTE:

Pressing the **OFF** button does not turn off the screen.

10. When the **OFF**button is pressed, the
disposable garment
deflates and the
"Incomplete X Min
Remain" message
shows on the screen.
You must press **ON** to
continue to the main screen.



- 11. When the treatment session is complete:
  - The "Session Complete" message shows.
  - b. The pulsations stop.





- d. Immediately unplug the system from its power source.
- e. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- f. Remove the disposable garment from the patient.

## **Using the Program Mode**

Allows the caregiver the capability to use a previously created New Program Mode, see "Setting and Using a New Program Mode" on page 15.

- Press the Up arrow above PGM to run the previously created program, or selected default program.
- 2. Press the **ON** button. The disposable garment will inflate.
- 3. Press the **ON** button again to begin the treatment program.

  The set treatment

  Time shows as it counts down to zero for each Programming Point.



4. The therapy will automatically end after it has gone through each of the Programming Points.

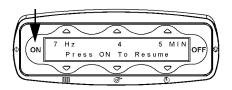


- 5. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF** button or Remote Control once. The unit will stop the pulsations, but the settings will continue to show on the screen.

#### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



6. If it is necessary to end the treatment session before it is complete, press the **OFF** button.

#### NOTE:

Pressing the **OFF** button does not turn off the screen.

7. When the **OFF** button is pressed, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press **ON** to



8. When the treatment session is complete:

continue to the main screen.

- a. The "Session Complete" message shows.
- b. The pulsations stop.
- c. The disposable garment deflates.



- d. Immediately unplug the system from its power source.
- e. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- f. Remove the disposable garment from the patient.

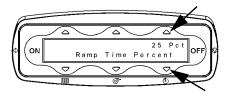
## Setting and Using a New Ramp Mode

Allows the caregiver capability to create a new Ramp Program to ease the patient from a lower setting to a higher setting within the percent of the total therapy session.

 Press the **Down** arrow below **New Ramp** to adjust the program settings.

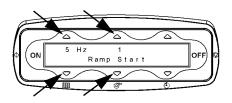


2. Look at the settings on the screen. Ramp Time Percent is the portion of the treatment Time required to increase from the initial



settings (**Ramp Start**) to the final settings (**Ramp End**). To adjust the percent to the prescribed therapy, press the right **Up** or **Down** arrows.

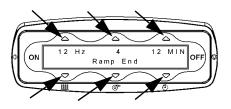
- 3. Press the **ON** button to advance to the next screen.
- 4. Review the settings for Frequency and Pressure for the initial setting, Ramp Start.
  - a. To adjust the Frequency setting, press the left **Up** or **Down** arrow buttons until the prescribed treatment shows on the screen. The Frequency, or Hertz (Hz) may be set between 5 and 20 cycles per second.
  - b. To adjust the
     Pressure setting,
     press the middle
     Up or Down
     arrow buttons
     until the
     prescribed
     treatment



Pressure shows on the screen. Pressure may be set between 1 and 10.

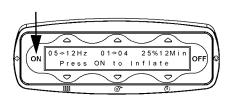
- 5. Press the **ON** button to advance to the next screen.
- 6. Review the settings on the screen. Frequency and Pressure for the final setting, **Ramp End**, are shown as treatment Time.
  - a. To adjust the Frequency setting, press the left **Up** or **Down** arrow buttons until the prescribed setting shows on the screen. Frequency or Hertz (Hz) may be set between the Ramp Start setting and 20 cycles per second.
  - b. To adjust the Pressure setting, press the middle **Up** or **Down** arrow buttons until the prescribed setting shows on the screen. Pressure may be set between the Ramp Start setting and 10.

c. To adjust the treatment Time, press the right **Up** or **Down** arrow buttons until the prescribed treatment Time shows on the



screen. The treatment Time may be set between 1 and 60 minutes.

- 7. Press the **ON** button to advance to the next screen. This screen shows the summary of the ramp program you have just created.
- 8. Press the **ON** button. The disposable garment will inflate.



Press the ON button
again to begin the
therapy. The screen
will show the word
Ramping during the
ramp portion of the
program. The total
treatment Time shows
as it counts down to zero.



#### NOTE:

Therapy settings cannot be changed during Ramping stage.

- 10. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF** button or Remote Control once. The unit will stop the pulsations, but the settings will continue to show on the screen.

#### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



11. If it is necessary to end the treatment session before it is complete, press the **OFF** button.

## NOTE:

Pressing the **OFF** button does not turn off the screen.

12. When the **OFF** button is pressed, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press **ON** to continue to the main screen.



13. When the treatment session is complete:

- a. The "Session Complete" message shows.
- b. The pulsations stop.
- c. The disposable garment deflates.



- d. Immediately unplug the system from its power source.
- e. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- f. Remove the disposable garment from the patient.

## **Using the Ramp Mode**



Allows the caregiver to run a previously created Ramp Program, see "Set and Use the New Ramp Mode" on page 40.

 Press the Up arrow above RAMP to run the previously created ramp program.



 The programmed points will be shown. Press the ON button to advance to the next screen.



- 3. Press the **ON** button. The disposable garment will inflate.
- 4. Press the **ON** button again to begin the program. The screen will show the word Ramping during the ramp portion of the program. The total treatment Time shows as it counts down to zero.



## NOTE:

Therapy settings **cannot** be changed during Ramping stage.

- If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF** button or Remote Control once. The unit will stop the pulsations, but the settings will continue to show on the screen.

#### NOTE:

When the unit is paused, the disposable garment will deflate.

 To resume treatment, press the ON button or the Remote Control again.



6. If it is necessary to end the treatment session before it is complete, press the **OFF** button.

#### NOTE:

Pressing the **OFF** button does not turn off the screen.

7. When the **OFF** button is pressed, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen.



You must press the

**ON** button to continue to the main screen.

- 8. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.

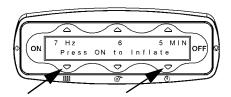


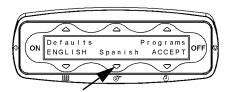
- d. Immediately unplug the system from its power source.
- e. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- f. Remove the disposable garment from the patient.

## Change the Language

 Press the Up arrow button above NORMAL. The Normal mode screen shows.

- 2. Press the two **outside Down** arrow buttons
  for a minimum of 3
  seconds (or until the
  screen changes).
- 3. Press the **Down** arrow button below **Spanish** (it will turn Spanish to SPANISH).





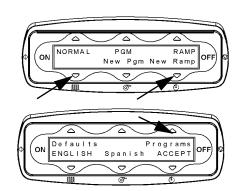
 To accept the change, press the **Down** arrow button below **ACEPTAR** (ACCEPT in English).



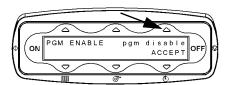
- 5. Once you have accepted the change, the system will automatically re-boot and go back to the main screen in Spanish.
- 6. Once the main screen is visible, unplug the unit and plug it back in. The unit will automatically reconfigure in Spanish.
- 7. To switch back to English, repeat the steps and choose **ingles** instead of **Spanish**.

## **Disable the Program Modes (Program and Ramp)**

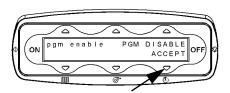
- Press the left Up arrow button above NORMAL. The Normal mode screen shows.
- Press the two outside
   Down arrow buttons
   for a minimum of 3
   seconds, or until the
   screen changes.
- Press the right Up arrow button above Programs.



Press the right Up arrow button above pgm disable (It will turn to PGM DISABLE).



 To accept the change, press the right **Down** arrow below **ACCEPT**.



 To accept all changes and exit out of the menu, press the right Down arrow button below the word ACCEPT.



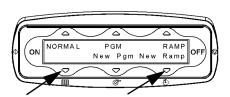
- Once you have accepted the change, the system will automatically re-boot and go to the main screen of NORMAL Mode. You will no longer be able to see the Program or Ramp mode programs.
- 8. To switch back to Program Mode, repeat the steps starting at step 2.

#### NOTE:

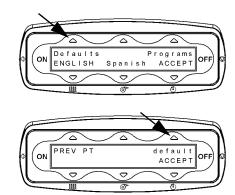
Press the **Up** arrow button above **pgm enable** at step 4 to enable the Program Mode It will turn **pgm enable** to **PGM ENABLE**).

## **Set Facility Custom Default Settings**

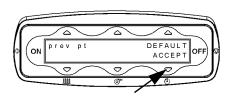
- Press the left Up arrow button above NORMAL. The Normal mode screen shows.
- Press the two outside
   Down arrows for a minimum of 3 seconds, or until the screen changes.



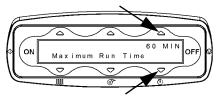
- 3. Press the left **Up** arrow button above **Defaults**.
- Press the right Up arrow button above default (default will change to DEFAULT).

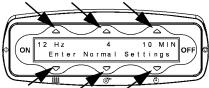


 To accept the change, press the right **Down** arrow button below **ACCEPT**.



- To adjust the Maximum Run Time use the Up and Down arrow buttons above and below MIN and press the ON button.
- 7. To set default
  Frequency, Pressure
  and Time settings, for
  Normal Mode, adjust
  each by using the
  respective the **Up** and **Down** arrow buttons
  and press the **ON**button.



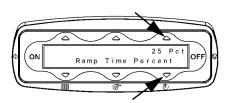


- 8. To adjust the default settings for **Program Mode**, set each **Programming Point** sequentially. Press the **ON** button to advance to the next Programming Point.
- 9. Adjust Frequency, Pressure and Time for each **Program Point** (1 thru 8) or change the time to zero, after Programming Point 3, to make the previous point the last point.

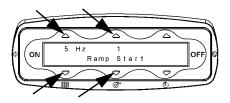
10. Press the **ON** button to advance to the next default setting.



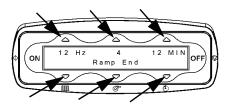
11. Adjust the Ramp
Time Percent for the
Default Ramp mode
using the right Up and
Down arrow buttons,
and press the ON
button.



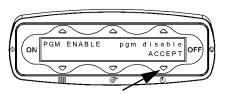
12. Adjust the Ramp Start, Frequency, and Pressure settings for default Ramp Mode by using the left and middle Up and Down arrow buttons, and press the ON button.



13. Adjust the Ramp End settings for default Ramp Mode, Frequency, Pressure and Time using the Up and Down arrow buttons, and press the ON button.



14. To accept all of the changes, press the right **Down** arrow below **ACCEPT**.



15. Once you have accepted the change, it will automatically reboot the system and go back to the main screen.



16. To switch back to previous patient default mode, repeat the steps and select **prev pt** instead of **default**.

# Use The Vest<sub>®</sub> Airway Clearance System, software version 1.22

Make sure the unit is set up correctly. Once power is connected, the unit will show a blank screen for up to 15 seconds. Then it will show the model number, the total therapy hours for the unit, and software revision. This screen will show for 10 seconds or until you press the **ON** button.

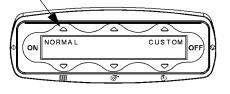
### NOTE:

To show the total therapy hours, press the **OFF** button when the unit is on the main menu.

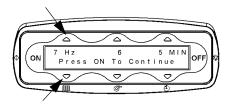
# **Normal Mode**

Normal Mode is using one Frequency, Pressure and Time settings for the entire therapy session.

1. Press the **Up** arrow button above **NORMAL** for the standard operation mode. The screen will show the previously programmed

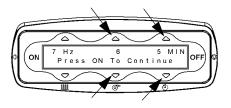


- Frequency, Pressure, and treatment Time sett.
- and treatment Time settings (either factory settings or settings programmed by your clinical trainer based on your doctor's prescription).
- 2. Confirm the settings on the screen. If the settings match the prescribed treatment, continue to step 3. Otherwise, adjust the settings to match the prescription.
  - a. To adjust the Frequency setting, press the left **Up** or **Down** arrow buttons until the prescribed treatment shows



on the screen. The Frequency or Hertz (Hz) may be set between 5 and 20 cycles per second.

To adjust the
 Pressure setting,
 press the middle
 Up or Down
 arrow buttons
 until the
 prescribed
 treatment



Pressure shows on the screen. The Pressure may be set between 1 and 10.

c. To adjust the treatment Time, press the right Up or Down arrow buttons until the prescribed treatment Time shows on the screen. The treatment Time may be set between 1 and 60 minutes.

### NOTE:

It is not necessary to stop the treatment to adjust the settings.

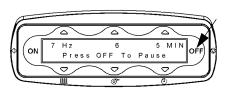
3. Press the **ON** button. The disposable garment will inflate.



### NOTE:

If the unit is left in this mode for 10 minutes, it will turn off.

- 4. Press the **ON** button again to begin the treatment. The set treatment Time shows as it counts down to zero.
- 5. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF**button or Remote
    Control once. The
    unit will stop the
    pulsations, but
    the settings will
    continue to show
    on the screen.



## NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the ON button or the Remote Control again.



6. If it is necessary to end the treatment session before it is complete, press the **OFF** button twice.

### NOTE:

Pressing the **OFF** button does not turn off the screen.

7. When the **OFF** button is pressed twice, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press the



**ON** button to continue to the main screen.

- 8. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.



- 9. Unplug the system from its power source.
- 10. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- 11. Remove the disposable garment.

# Set and Use the New Program Mode

New Program Mode allows the programming of Program A and Program B modes, each with up to eight (8) points with various settings within a single therapy session. It also allows the programming of the Cough Pause feature (reminder to cough).

### NOTE:

All the settings can be adjusted.

# NOTE:

You can program up to 8 different Programming Points, each with its own combination of Frequency, Pressure and treatment Time.

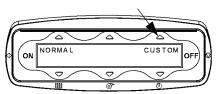
# **A** WARNING:

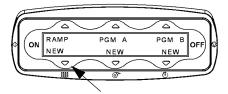
Consult your physician before you change the prescribed settings. Failure to do so can cause personal injury.

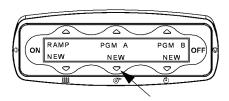
1. Press the **ON** button.



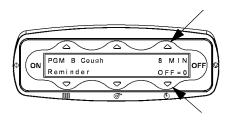
- Press the UP arrow button above CUSTOM.
- 3. Do one of these:
  - a. To program the
    Ramp mode, press
    the **Down** arrow
    under **RAMP NEW** and see "Set
    and Use the New
    Ramp Mode" on
    page 40.
  - b. To program
    Program A or
    Program B, press
    the **Down** arrow
    button below **PGM A NEW**, or **PGM B NEW**and go to step 4.



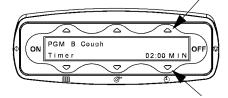




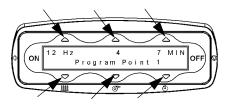
4. Press the **Up** or **Down** arrow for *Cough Pause Reminder*duration (time between cough pauses). A zero (0) time will turn off the Cough Pause feature.



- 5. Press **On** to go to the next screen.
- Press the Up or Down arrow to select the pause duration. This will set the duration the unit pauses for coughs.



- 7. Press **On** to go to the next screen.
- 8. For Programming
  Point 1, if the settings
  match the prescribed
  treatment, continue to
  step 9. Otherwise,
  adjust the settings to
  match the prescription



- by pressing the **Up** and **Down** arrow buttons associated with Frequency, Pressure and treatment Time.
- 9. Once you have set Programming Point 1, proceed to Programming Point 2 by pressing the **ON** button (to move to a previous Programming Point, press the **OFF** button). Adjust the settings to match the prescription and repeat for all 8 Programming Points.

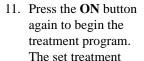
### NOTE:

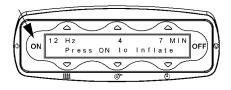
If the prescription does not call for all 8 Programming Points, **after** programming the last prescribed programming point, set the Time to 0 MIN for the following segment.

# NOTE:

Once you change the Programming Point Time to 0 MIN and press the **ON** button, it will take you to the start of the program to begin therapy.

10. Press the **ON** button. The disposable garment will inflate.





Time shows as it counts down to zero for each Programming Point.

- 12. When the time for a cough pause is reached, these will happen:
  - a. The unit will pause.
  - b. The display will change to show the pause duration timer.



- c. The garment will deflate.
- 13. While the pause happens, the patient should cough as prescribed.
- 14. When the timer reaches zero, the garment will inflate, and therapy will resume.

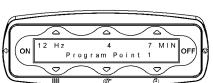
## NOTE:

If additional time is needed, press the OFF control to pause the unit.

#### NOTE:

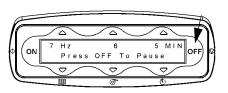
To resume therapy before the cough pause timer expires, you can press ON or squeeze the Remote Control.

 Therapy will automatically end after it has gone through each Programming Point.



16. If it is necessary to pause the treatment during a session, do as follows:

a. Press the **OFF**button or Remote
Control once.
The unit will stop
the pulsations,
but the settings
will continue to
show on the
screen.



## NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



- 17. When the time for a cough pause is reached, these will happen:
  - a. The unit will pause.
  - b. The display will change to show the pause duration timer.



- c. The garment will deflate.
- 18. While the pause happens, the patient should cough as prescribed.
- 19. When the timer reaches zero, the garment will inflate, and therapy will resume.

### NOTE:

If additional time is needed, press the OFF control to pause the unit.

### NOTE:

To resume therapy before the cough pause timer expires, you can press ON or squeeze the Remote Control.

20. If it is necessary to end the treatment session before it is complete, press the **OFF** button twice.

### NOTE:

Pressing the **OFF** button does not turn off the screen.

21. When the **OFF**button is pressed
twice, the disposable
garment deflates and
the "Incomplete X
Min Remain"
message shows on the
screen. You must



press the **ON** button to continue to the Program and Ramp main screen.

- 22. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.



- 23. Unplug the system from its power source.
- 24. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- 25. Remove the disposable garment.

# **Use the Program Mode**

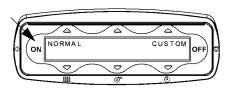
Runs a previously created <u>New</u> Program Mode, see "Set and Use the New Program Mode" on page 32.



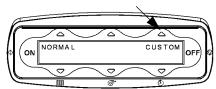
# A WARNING:

Consult your physician before you change the prescribed settings. Failure to do so can cause personal injury.

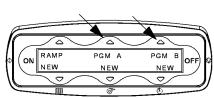
1. Press the **ON** button.



2. Press the **UP** arrow button above **CUSTOM**.



3. Press the **Up** arrow button above **PGM A** or **PGM B** to run the previously created program, or selected default program.



- 4. Press the **ON** button. The disposable garment will inflate.
- 5. Press the **ON** button again to begin the treatment program.

  The set treatment
  Time shows as it counts down to zero for each Programming Point.

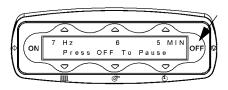


 The therapy will automatically end after it has gone through each of the Programming Points.



- 7. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF**button or Remote
    Control once.
    The unit will stop
    the pulsations,
    but the settings
    will continue to
    show on the

screen.



### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



- 8. When the time for a cough pause is reached, these will happen:
  - a. The unit will pause.
  - b. The display will change to show the pause duration timer.



- c. The garment will deflate.
- 9. While the pause happens, the patient should cough as prescribed.
- When the timer reaches zero, the garment will inflate, and therapy will resume.

#### NOTE:

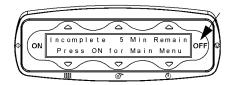
If additional time is needed, press the OFF control to pause the unit.

- 11. To resume therapy before the cough pause timer expires, you can press ON or squeeze the Remote Control.
- 12. If it is necessary to end the treatment session before it is complete, press the **OFF** button twice.

#### NOTE:

Pressing the **OFF** button does not turn off the screen.

13. When the **OFF** button is pressed twice, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen.



You must press the **ON** button to continue to the Program and Ramp main screen.

14. When the treatment session is complete:

- a. The "Session Complete" message shows.
- b. The pulsations stop.
- c. The disposable garment deflates.



- 15. Unplug the system from its power source.
- 16. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- 17. Remove the disposable garment.

# Set and Use the New Ramp Mode

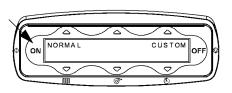
Creates a new Ramp Program to ease the patient from a lower setting to a higher setting during a limited period of the therapy session.



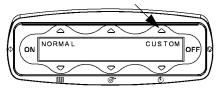
# A WARNING:

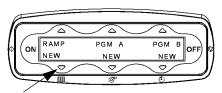
Consult your physician if not using the prescription as provided. Failure to do so can result in personal injury.

1. Press the **ON** button.

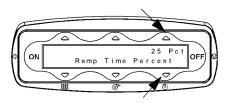


- Press the UP arrow button above CUSTOM.
- Press the **Down** arrow button below **New Ramp/New** to adjust the program settings.



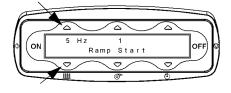


4. Look at the settings on the screen. Ramp
Time Percent is the portion of the treatment Time required to increase from the initial



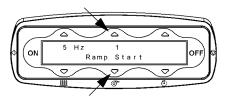
settings (Ramp Start) to the final settings (Ramp End). To adjust the percent to the prescribed therapy, press the right Up or Down arrow buttons.

- 5. Press the **ON** button to advance to the next screen.
- 6. Review the settings for Frequency and Pressure for the initial setting, **Ramp Start**.
  - a. To adjust the
    Frequency
    setting, press the
    left **Up** or **Down**arrow buttons
    until the
    prescribed
    treatment shows



on the screen. The Frequency (or Hertz (Hz)) may be set between 5 and 20 cycles per second.

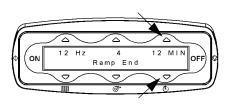
To adjust the
 Pressure setting,
 press the middle
 Up or Down
 arrow buttons
 until the
 prescribed
 treatment



Pressure shows on the screen. Pressure may be set between 1 and 10.

- 7. Press the **ON** button to advance to the next screen.
- 8. Review the settings on the screen. Frequency and Pressure for the final setting, **Ramp End**, are shown as treatment Time.
  - a. To adjust the Frequency setting, press the left **Up** or **Down** arrow buttons until the prescribed setting shows on the screen. Frequency or Hertz (Hz) may be set between the Ramp Start setting and 20 cycles per second.

- b. To adjust the Pressure setting, press the middle **Up** or **Down** arrow buttons until the prescribed setting shows on the screen. Pressure may be set between the Ramp Start setting and 10.
- c. To adjust the treatment Time, press the right **Up** or **Down** arrow buttons until the prescribed treatment Time shows on the

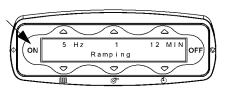


screen. The treatment Time may be set between 1 and 60 minutes.

9. Press the **ON** button to advance to the next screen. This screen shows the summary of the ramp program you have just created.



- Press the **ON** button.
   The disposable garment will inflate.
- 11. Press the **ON** button again to begin the therapy. The screen will show the word "Ramping" during the ramp portion of the program. The total treatment Time shows as it counts down to zero.



### NOTE:

Therapy settings **can not** be changed during Ramping stage.

- 12. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF** button or Remote Control once. The unit will stop the pulsations, but the settings will continue to show on the screen.

### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



13. If it is necessary to end the treatment session before it is complete, press the **OFF** button twice.

## NOTE:

Pressing the **OFF** button does not turn off the screen.

14. When the **OFF** button is pressed twice, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press **ON** to continue to the main screen.



- 15. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.



- 16. Unplug the system from its power source.
- 17. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- 18. Remove the disposable garment.

# **USE THE RAMP MODE**

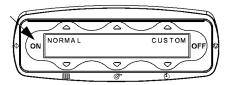
Runs a previously created Ramp Program. See "Set and Use the New Ramp Mode" on page 40.



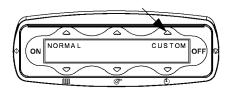
# **A** WARNING:

Consult your physician if not using the prescription as provided. Failure to do so can result in personal injury.

1. Press the **ON** button.



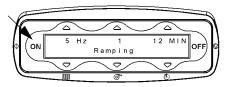
Press the **UP** arrow button above **Custom**.



- 3. Press the **Up** arrow button above **RAMP** to run the previously created ramp program.
- 4. The programmed points will be shown. Press the **ON** button to advance to the next screen.



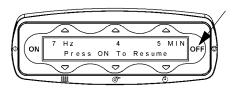
- 5. Press the **ON** button. The disposable garment will inflate.
- 6. Press the **ON** button again to begin the program. The screen will show the word "Ramping" during the ramp portion of the program. The total treatment Time shows as it counts down to zero.



## NOTE:

Therapy settings **can not** be changed during Ramping stage.

- 7. If it is necessary to pause the treatment during a session, do as follows:
  - a. Press the **OFF**button or Remote
    Control once. The
    unit will stop the
    pulsations, but
    the settings will
    continue to show
    on the screen.



#### NOTE:

When the unit is paused, the disposable garment will deflate.

b. To resume treatment, press the **ON** button or the Remote Control again.



8. If it is necessary to end the treatment session before it is complete, press the **OFF** button twice.

### NOTE:

Pressing the OFF button does not turn off the screen.

9. When the **OFF** button is pressed twice, the disposable garment deflates and the "Incomplete X Min Remain" message shows on the screen. You must press the



**ON** button to continue to the main screen.

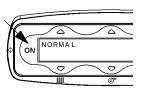
- 10. When the treatment session is complete:
  - a. The "Session Complete" message shows.
  - b. The pulsations stop.
  - c. The disposable garment deflates.



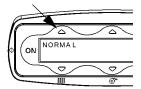
- 11. Unplug the system from its power source.
- 12. Remove the Air Hoses from the Air Hose Ports on the disposable garment.
- 13. Remove the disposable garment.

# **Change the Language**

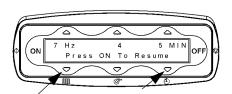
1. Press the **ON** button.



 Press the Up arrow button above NORMAL. The Normal mode screen shows.



3. Press the two **outside Down** arrow buttons
for a minimum of 3
seconds (or until the
screen changes).



4. Press the **Down** arrow button below the desired language. It will turn into all capital letters.



 To accept the change, press the **Down** arrow button below **ACCEPT**.



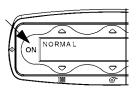
6. Once you have accepted the change, the system will

automatically re-boot and go back to the main screen in the applicable language.

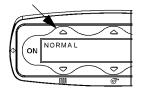
# Disable the Program Modes (Program and Ramp modes)

Disable the Program Modes allows the unit to operate in Normal mode only, and removes access to custom modes by the user.

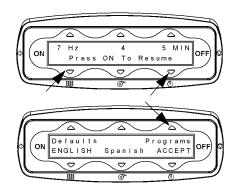
1. Press the **ON** button.



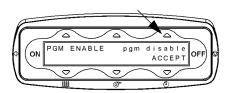
Press the left Up arrow button above NORMAL. The Normal mode screen shows.



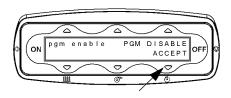
- Press the two outside Down arrow buttons for a minimum of 3 seconds, or until the screen changes.
- Press the right Up arrow button above Programs.



 Press the right Up arrow button above pgm disable (It will turn to PGM DISABLE).



 To accept the change, press the right **Down** arrow below **ACCEPT**.



- To accept all changes and exit out of the menu, press the right Down arrow button below ACCEPT.
- 8. Once you have accepted the change, the system will automatically re-boot and go to the main screen of NORMAL Mode. You will no longer be able to see the Program or Ramp mode programs.
- 9. To switch back to Program Mode, repeat the steps starting at step 3.

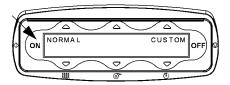
### NOTE:

Press the **Up** arrow button above **pgm enable** at step 4 to enable the Program Mode. It will change **pgm enable** to **PGM ENABLE**).

# **Set Custom Default Settings**

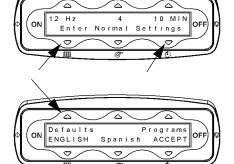
Allows the user to set the default settings for the modes of operation. These settings will be the initial settings for all users.

1. Press the **ON** button.



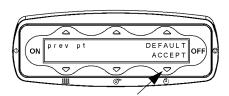
- Press the Up arrow button above NORMAL. The Normal mode screen shows.
  - Normal mode screen shows.

    Press the **two outside**
- Press the two outside Down arrows for a minimum of 3 seconds, or until the screen changes.

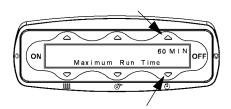


4. Press the left **Up** arrow button above **Defaults**.

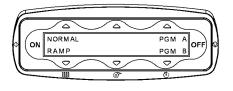
- 5. Press the right **Up** arrow button above **default** (**Defaults** will change to **DEFAULTS**).
- To accept the change, press the right **Down** arrow button below **ACCEPT**.



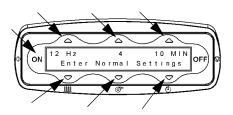
7. To adjust the Maximum Run Time use the Up and Down arrow buttons above and below MIN and then press the ON button.



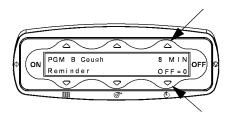
- 8. Do one of these:
  - To change the default Normal settings, press the Up arrow above NORMAL, and go to step 9.



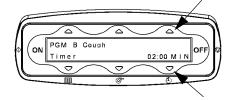
- b. To change the default settings of Program A press the **Up** arrow above PGM A, or press the **Down** arrow below PGM B, and go to step 10.
- c. To change the default Ramp settings, press the **Down** arrow below RAMP, and go to step 18.
- d. Press **ON** to accept changes or to advance to the next screen and go to step 21.
- 9. To set default
  Frequency, Pressure
  and Time settings for
  Normal Mode, adjust
  each by using the
  respective Up and
  Down arrow buttons,
  press the ON button
  and return to step 8.



10. Press the **Up** or **Down** arrow for *Cough Pause Reminder*duration (time between cough pauses). A zero (0) time will turn off the Cough Pause feature.



- 11. Press **On** to go to the next screen.
- 12. Press the **Up** or **Down** arrow to select the pause duration. This will set the duration the unit pauses for coughs.



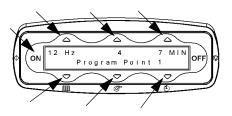
- 13. Press **On** to go to the next screen.
- 14. Press the **Down** arrow under *Yes* or *No* for the Auto Start feature.

#### NOTE:

Auto Start resumes therapy after cough pause duration expires.



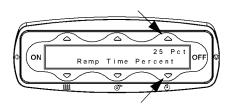
- 15. Press **On** to go to the next screen.
- 16. Adjust Frequency,
  Pressure and Time for
  each **Program Point**(1 thru 8) or change
  the time to zero, after
  the last desired
  Program Point, to
  make the previous
  point the last point.



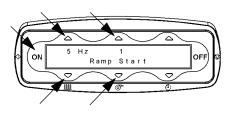
17. Press the **ON** button to advance to the next default setting, and return to step 8.



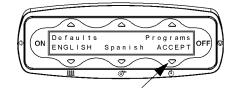
18. Adjust the Ramp
Time Percent for the
Default Ramp mode
using the right Up and
Down arrow buttons,
and press the ON
button.



19. Adjust the Ramp
Start Frequency, and
Pressure settings for
default Ramp Mode
by using the left and
middle Up and Down
arrow buttons, and
press the ON button.



- 20. Adjust the **Ramp End** settings for default **Ramp Mode**Frequency, Pressure and Time settings using the Up and Down arrow buttons, and press the ON button and return to step 8.
- To accept all of the changes, press the right **Down** arrow below **ACCEPT**.



- 22. Once you have accepted the change, it will automatically reboot the system and go
  - boot the system and go back to the main screen.
- 23. To switch back to previous patient default mode, repeat steps 3 through 5 and select **prev pt** instead of **default**.

# Move the Air Pulse Generator

- 1. Unplug the Air Pulse Generator from its power source.
- 2. Stow the Power Cord on the holder on the back of the stand.

# A CAUTION:

Failure to lower the Air Pulse Generator to the lowest position could cause it to tip over during transport.

- 3. Lower the Air Pulse Generator to the lowest position.
- 4. Lift the brake release on all four casters.
- 5. Move the Air Pulse Generator to the applicable location.
- 6. Press down on the brake release to set the brakes on all four casters.
- 7. Adjust the height of the Air Pulse Generator to the desired position.
- 8. Plug the Air Pulse Generator into an applicable power source.





Brake released



Brake set

# Raise or Lower the Air Pulse Generator

- 1. Hold the Height Adjustment Release Lever on the side of the stand.
- 2. Pull the Height Adjustment Release Lever upwards toward to the shelf.
- 3. Push down, or pull up on the shelf, to adjust the height.
- When the desired height is reached, release the Height Adjustment Release Lever.





# Cleaning



# • WARNING:

Follow the product manufacturer's instructions. Failure to do so could cause personal injury or equipment damage.



# SHOCK HAZARD:

Unplug the unit from its power source before you clean it. Failure to do so could cause personal injury or equipment damage.



# SHOCK HAZARD:

Do not expose the unit to excessive moisture. Personal injury or equipment damage could occur.



# A CAUTION:

Do not use harsh cleansers, solvents, or detergents. Equipment damage could occur.

The Vest<sub>®</sub> Airway Clearance System, Model 205 has been tested for compatibility with these detergents:

### A CAUTION:

Frequent exposure to Matar® germicidal detergent may discolor the Air Pulse Generator.

- Matar® germicidal detergent
- Wex-Cide<sup>TM</sup> all-purpose germicidal detergent
- Viraguard® all-purpose anti-viral surface disinfectant
- 3M<sup>TM</sup> HB Quat disinfectant cleaner
- Virex® II 256 disinfectant



# A CAUTION:

When you use Dispatch® disinfectant, CSI disinfectant spray, or Citrus II® hospital germicidal deodorizing cleaner make sure you wipe the unit dry. Failure to do so could cause build-up of residue or equipment damage.

- Dispatch® disinfectant
- CSI disinfectant spray
- Citrus II® hospital germicidal deodorizing cleaner

# **General Cleaning**



# A WARNING:

To help prevent cross-contamination, replace the single-patient use disposable garment between patients. Failure to do so could cause patient injury or equipment damage.

#### NOTE:

The disposable garments are single-patient use, latex-free, disposable products for use on individual patients over multiple treatment sessions.

Clean The Vest® Airway Clearance System between patients, or when visibly soiled if used on the same patient. Replace the disposable garment between patients or when it is damaged. Do **not** attempt to disinfect or sterilize the disposable garment for reuse with more than one patient. We recommend that you clean the Air Pulse Generator and Remote Control with a soft cotton cleaning pad that is slightly moist with detergent and warm water.

Do not use excessive liquid or harsh cleansers. Do **not** immerse The Vest<sub>®</sub> Airway Clearance System in water or let liquids enter the Air Pulse Generator.

After you clean the system, wipe it dry.

# Steam Cleaning

Do not use any steam cleaning device on the unit. Excessive moisture can damage mechanisms in this unit.

# Cleaning Hard to Clean Spots

Air Pulse Generator—to remove difficult spots or stains, we recommend that you use standard household cleansers and a soft bristle brush. To loosen heavy, dried-on soil, you may first need to saturate the spot.

Do **not** put any component of The Vest<sub>®</sub> Airway Clearance System in water.

# Disinfecting

When there is visible soil and between patient use, we recommend that you disinfect the unit with an intermediate level, tuberculocidal disinfectant.

Use the disinfectant as specified in the disinfectant manufacturer's instructions. Do **not** attempt to disinfect or sterilize the disposable garment for reuse with more than one patient.

# **Maintenance**



Only authorized persons should service The Vest<sub>®</sub> Airway Clearance System, Model 205. Service by unauthorized persons could cause personal injury or equipment damage.

Minimal routine maintenance and periodic cleaning are necessary for The Vest<sub>®</sub> Airway Clearance System, Model 205.

Facilities should do these tests and examinations annually:

- Unplug the Air Pulse Generator from its power source.
- Examine the overall condition of the unit for damage or missing parts.
- Examine the Power Cord and connector for cuts, scrapes, or other damage.
- Do electrical safety tests in accordance with facility protocols.
- Clean and disinfect the unit (see "Cleaning" on page 54).
- Connect the Air Pulse Generator to a disposable garment and to an appropriate power source. Make sure the unit is operational, and that all functions operate correctly.

# **Disposable Garments and Replacement Parts**

# Single-Patient Use, Disposable Wrap SPU Vest

Part Number	Description		
P300629005	X-Small package of 5		
	(19" to 23" (48 cm to 58 cm))		
P300630005	Small package of 5		
	(>23" to 33" (58 cm to 84 cm))		
P300631005	Medium package of 5		
	(>33" to 43" (84 cm to 109 cm))		
P300632005	Large package of 5		
	(>43" to 53" (109 cm to 135 cm))		
P300633005	Extra Large package of 5		
	(>53" to 67" (135 cm to 170 cm))		
P300634005	XX-Large package of 5		
	(>67" to 75" (170 cm to 190 cm))		
P300600005	Starter Pack		
	(1 Small, 2 Medium, 1 Large, 1 Extra Large)		

# Single-Patient Use, Disposable Full SPU Vest

Part Number	Description
P300200000	Child Medium
	(23" to 27" (58 cm to 69 cm))
P300205000	Child Large
	(>27" to 31" (69 cm to 79 cm))
P300208000	Adult, Extra Small, slim
	(>27" to 31" (69 cm to 79 cm))
P300210000	Adult Small
	(>31" to 36" (79 cm to 91 cm))
P300215000	Adult Medium
	(>36" to 45" (91 cm to 114 cm))
P300220000	Adult Large
	(>45" to 52" (114 cm to 132 cm))

# Stand and Air Pulse Generator

Part Number	Description	
143512	Caster	
142232	Remote Control Assembly	
P0049825	Disposable Air Hose (10/case)	

Part Number	Description		
142200	Rubber Mount Pad		
142319	Power Cord		
140660	Screw Kit (mounting)		
205500	Stand Assembly		
143513	Basket Assembly		

# Size the Disposable Garments

To size the disposable garment, do as follows:

- 1. Have the patient take a deep breath and hold it.
- 2. Using a tape measure, loosely measure around the patient at the largest part of their chest. Women should be measured at the bust line.
- 3. Select the disposable garment size based on the measurements provided.
- Disposable garments are designed for patients with a minimum thoracic length (distance from the top of the shoulder to the waist) of 10" (25 cm).

# Service Calls

If service is necessary on The Vest<sub>®</sub> Airway Clearance System, Model 205, call Hill-Rom Technical Support at 800-445-3720. If outside the US, refer to the back cover for contact information.

When you contact Hill-Rom, be prepared to give the serial number from the product identification label. The product identification label is on the rear panel of the Air Pulse Generator.

# **Troubleshooting**

# A WARNING:

Only authorized persons should service The Vest<sub>®</sub> Airway Clearance System, Model 205. Service by unauthorized persons could cause personal injury or equipment damage.

If service is necessary on The Vest<sub>®</sub> Airway Clearance System, Model 205, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# Air Pulse Generator Does Not Power On

- Make sure the Power Cord is fully plugged into the electrical inlet on the rear panel of the Air Pulse Generator. If necessary, unplug the Power Cord from the Air Pulse Generator, and then plug it in again.
- Make sure the Power Cord is fully plugged into a known-good outlet
- 3. If the problem is not corrected, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# No Air Pulses into the Disposable Garments

- 1. If the Remote Control is in use, make sure it is firmly connected to the front panel of the Air Pulse Generator.
- Make sure the Air Hoses are connected to the disposable garment and Air Pulse Generator.
- 3. Make sure the **ON** button has been pressed.
- 4. If the problem is not corrected, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# Screen Shows "Please Call for Service" Message

The system has experienced an unexpected event. Do as follows:

- 1. Unplug the Power Cord from the Air Pulse Generator, and then plug it in again.
- 2. If the problem is not corrected, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# An Air Hose Comes out of the Air Pulse Generator or Disposable Garments during Operation

- 1. Fully disconnect the Air Hoses from the Air Pulse Generator and the disposable garment.
- 2. Clean the inside and outside of these (see "Cleaning" on page 54):
  - Ends of the Air Hose
  - Connection Ports on the disposable garment
  - Air Hose Connector Ports outlets on the Air Pulse Generator
- 3. Connect the Air Hoses to the Air Pulse Generator and disposable garment (see "Set Up the Air Pulse Generator" on page 12).

4. If the problem is not corrected, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# Screen Shows "RESTARTING"

- 1. The system has experienced an unexpected event and is restarting.
- 2. If the problem is not corrected, call Hill-Rom Technical Support. For contact information, refer to the back cover.

# **Product Symbols**

Symbol	Definition
<b>†</b>	Type B equipment with an F-type applied part, according to EN 60601-1.
<b>A</b>	Dangerous voltage within the device may constitute a risk of electrical shock.
♦ ON	ON button—starts the Air Pulse Generator (starts therapy, inflates the disposable garment, moves to the next screen during programming, starts the unit after being paused)
OFF ©	<b>OFF</b> button—stops the Air Pulse Generator (stops therapy, deflates the disposable garment, pauses therapy, moves to previous screen during programming)
	Frequency setting
	Pressure setting
	Time setting

Symbol	Definition
	Up arrow button—increases the Frequency, Pressure, or Time setting
	Down arrow button—decreases the Frequency, Pressure, or Time setting
	Remote Control Port
<u></u>	Attention: Consult accompanying documents.
	Class II equipment (double insulated), according to EN 60601-1
IPX 0	Not protected against water ingress
C ULUS US	Medical Equipment with respect to electric shock, fire, mechanical, and other specified hazards only in accordance with UL/EN/IEC 60601-1 and CAN/CSA C22.2 No. 601.1

Symbol	Definition
<b>(</b> E 0123	The Vest® Airway Clearance System, Model 205 conforms to the European Medical Device Directive 93/42/EEC. Units made before May 2, 2008.
<b>(</b> E <sub>0843</sub>	The Vest <sub>®</sub> Airway Clearance System, Model 205 conforms to the European Medical Device Directive 93/42/EEC. Units made after May 3, 2008.
-	Identifies a replaceable fuse link in an electronic circuit.
	Manufacturer or distributor complies with the Waste Electric and Electronic Equipment Directive 2002/96/EC
	Do Not Spray.

# Specifications

Feature	Dimension	
Air Pulse Generator weight	17 lb (8 kg)	
Air Pulse Generator height	9.5" (24.1 cm)	
Air Pulse Generator width	13" (33 cm)	
Air Pulse Generator depth	9.5" (24.1 cm)	
Stand weight	65 lb (29 kg)	
Stand height—lowest position	29" (73.6 cm)	
Stand height—highest position	39" (99.1 cm)	
Disposable garment material— Wrap SPU Vest and Full SPU	Polyurethane-coated nylon	
Vest		
Electrical requirements	100 V AC to 230 V AC, 50/60 Hz,	
	3.4 Amps @ 100 V AC,	
	2.0 Amps @ 230 V AC	
Fuse requirement	2 each 4A, 5 x 20 mm (Littlefuse part number F4AL250V)	

# **Environmental Conditions for Transport and Storage**

Condition	Range	
Temperature	-40°F to 158°F (-40°C to 70°C)	
Relative humidity	95% non-condensing	
Pressure	500 hPa to 1060 hPa	

# **Environmental Conditions for Use**

Condition	Range	
Temperature	50°F to 93°F (10°C to 34°C) ambient temperature	
Relative humidity range	30% to 75% non-condensing	
Atmospheric Pressure	700 hPa to 1060 hPa	

# **Classification and Standards**

Technical and Quality Assurance	UL/EN/IEC 60601-1
	CAN/CSA C22.2 No. 601.1
	ISO 13485
Equipment Classification	Class II
Degree of Protection Against Electric Shock	BF with type F applied part
Classification According to Directive	IIa
93/42/EEC	
Degree of Protection Against Ingress of	IPX 0
Water	
Degree of Protection Against the Presence of	Not for use with flammable
Flammable Anaesthetic Mixtures	anaesthetics.

The  $Vest_{\circledR}$  Airway Clearance System, Model 205 is a continuous operation device classified with Underwriters Laboratories Inc. $\circledR$  (UL) in the United States and licensed with Health Canada.

# Guidance and Manufacturer's Declaration— Electromagnetic Immunity

The Vest<sub>®</sub> Airway Clearance System, Model 205 is intended for use in the electromagnetic environment specified below. The customer or user of the Model 205 should make sure it is used in such an environment.

Immunity Test	IEC 60601 Test Level	Compliance Level	Electromagnetic Environment—Guidance
Electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete, or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/burst IEC 61000-4-4	± 2 kV for power supply lines 1± kV for input/output lines	± 2 kV for power supply lines 1± kV for input/output lines	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 61000-4-5	± 1 kV line(s) to line(s) ± 2 kV line(s) to earth	± 1 kV line(s) to line(s) ± 2 kV line(s) to earth	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5% <i>U</i> <sub>T</sub> (>95% dip in <i>U</i> <sub>T</sub> ) for 0,5 cycle 40% <i>U</i> <sub>T</sub> (60% dip in <i>U</i> <sub>T</sub> ) for 5 cycles 70% <i>U</i> <sub>T</sub> (30% dip in <i>U</i> <sub>T</sub> ) for 25 cycles <5% <i>U</i> <sub>T</sub> (>95% dip in <i>U</i> <sub>T</sub> ) for 5 seconds	<5% <i>U</i> <sub>T</sub> (>95% dip in <i>U</i> <sub>T</sub> ) for 0,5 cycle 40% <i>U</i> <sub>T</sub> (60% dip in <i>U</i> <sub>T</sub> ) for 5 cycles 70% <i>U</i> <sub>T</sub> (30% dip in <i>U</i> <sub>T</sub> ) for 25 cycles <5% <i>U</i> <sub>T</sub> (>95% dip in <i>U</i> <sub>T</sub> ) for 5 seconds	Mains power quality should be that of a typical commercial or hospital environment. If it is necessary for the user to have continued operation of the Model 205 during power mains interruptions, it is recommended that the Model 205 be powered from an uninterruptible power supply or a battery.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
<b>NOTE:</b> $U_T$ is the AC mains voltage prior to application of the test level.			

# Guidance and Manufacturer's Declaration— Electromagnetic Immunity

The  $Vest_{\circledR}$  Airway Clearance System, Model 205 is intended for use in the electromagnetic environment specified below. The customer or user of the Model 205 should make sure it is used in such an environment.

Immunity	IEC 60601	Compliance	Electromagnetic Environment—Guidance
Test	Test Level	Level	
Conducted RF IEC 61000-4-6 Radiated RF IEC 61000-4-3	3 Vrms 150 kHz to 80 MHz 3 V/m 80 MHz to 2,5 GHz	3 V 3 V/m	Portable and mobile RF communications equipment should be used no closer to any part of the Model 205, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. <b>Recommended separation distance</b> $d = \left[\frac{3.5}{3}\right]\sqrt{P}$ 80 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 800 MHz $d = \left[\frac{7}{3}\right]\sqrt{P}$ 800 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 800 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 800 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 810 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 810 MHz to $d = \left[\frac{7}{3}\right]\sqrt{P}$ 811 She maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and $d$ is the recommended separation distance in metres (m).  Field strengths from fixed RF transmitters, as found by an electromagnetic site survey, should be less than the compliance level in each frequency range. Interference may occur in the vicinity of equipment marked with this symbol:

The Vest<sub>®</sub> Airway Clearance System, Model 205 is intended for use in the electromagnetic environment specified below. The customer or user of the Model 205 should make sure it is used in such an environment.

•	IEC 60601 Test Level	Compliance Level	Electromagnetic Environment—Guidance
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**NOTE:** At 80 MHz and 800 MHz, the higher frequency range applies.

**NOTE:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

**NOTE:** Electromagnetic immunity was examined under normal operation at the time of testing. Normal operation was the essential performance used. Electromagnetic immunity was verified at settings of 4 for intensity and 12 Hz for frequency.

- a. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast, and TV broadcast can not be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, the electromagnetic site used should be considered. If the measured field strength in the location in which the Model 205 is used is more than the applicable RF compliance level above, the Model 205 should be monitored to make sure it operates correctly. If it operates incorrectly, additional measures may be necessary, such as a change in the Model 205's position or location.
- b. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

# Recommended Separation Distances Between Portable and Mobile RF Communications Equipment and the Model 205

The Vest<sub>®</sub> Airway Clearance System, Model 205 is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or user of the Model 205 can help prevent electromagnetic interference if they maintain the minimum distance between portable and mobile RF communications equipment (transmitters) and the Model 205. The recommended distances, in accordance, are shown below:

Rated Maximum	Separation Distance According to the Frequency of the Transmitter			
Output Power of the Transmitter	150 kHz to 80 MHz $d = \left[\frac{3.5}{V_1}\right] \sqrt{P}$	80 MHz to 800 MHz $d = \left[\frac{3.5}{E_1}\right] \sqrt{P}$	800 MHz to 2,5 GHz $d = \left[\frac{7}{E_1}\right] \sqrt{P}$	
0,01 W	0,12 m	0,12 m	0,23 m	
0,1 W	0,37 m	0,37 m	0,74 m	
1 W	1,2 m	1,2 m	2,3 m	
10 W	3,7 m	3,7 m	7,4 m	
100 W	12 m	12 m	23 m	

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in metres (m) can be estimated with the use of the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**NOTE:** At 80 MHz to 800 MHz, the separation distance for the higher frequency range applies.

**NOTE:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

# **Frequently Asked Questions**

- Is The Vest<sub>®</sub> Airway Clearance System as effective as chest physiotherapy (CPT)?
  - Research has shown that the system is nearly three times as effective as the use of chest physiotherapy to move airway secretions.
- Does The Vest<sub>®</sub> Airway Clearance System effectively treat all areas of the lungs?
  - Yes. Since the system oscillates the chest wall to create airflow, it applies percussion to all lung areas to effectively treat all lobes of the lung at once.
- How long should each Airway Clearance Therapy treatment session last?
  - Common prescriptions specify a treatment session Time to be between 10 and 30 minutes. Prescribed treatment session times may be different. Refer to the physician's orders or facility protocol.
- How often should treatment sessions be given?
  - The Frequency of treatment sessions depends on the patient's underlying disease, age, and state of health. The patient's physician will prescribe a schedule for the individual patient.
- · Is chest physiotherapy still necessary?
  - In a number of studies, The Vest<sub>®</sub> Airway Clearance System has been shown to supply more effective Airway Clearance Therapy than conventional chest physiotherapy. Typically, it is not necessary to do chest physiotherapy along with therapy treatment sessions with The Vest<sub>®</sub> Airway Clearance System. Refer to the physician's order.
- Is postural drainage still necessary?
  - The Vest<sub>®</sub> Airway Clearance System moves mucus by generating airflow within the lungs. It works in any position, so generally it should not be necessary to do postural drainage. Refer to the physician's order.

- What will happen if a patient's treatment session is skipped?
  - One missed treatment session of the system may or may not immediately impact the patient's health. However, the key to help maintain the patient's health is consistent, effective therapy. Try to follow the patient's care plan as closely as possible. Consult the prescribing physician if a treatment session is missed.
- Is there a best time to do a therapy with The Vest<sub>®</sub> Airway Clearance System?
  - Establish a schedule that is satisfactory for the patient and lets you do the therapy consistently. Usually, it is best to do therapy before meals.
- Do all patients receive the same benefits from The Vest<sub>®</sub> Airway Clearance System?
  - Almost all patients will experience an increase in the amount of mucus that is moved. The overall benefit depends on many factors, which include the underlying disease, patient's age, and his or her present state of health.
- Does The Vest<sub>®</sub> Airway Clearance System make patients feel better?
  - Patients often report that they are able to breathe better and have more energy after he or she receives therapy.



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